

Formation 4-3-3**Position:** Goalkeeper**Role:** Ball Playing

Technical	• Shot stopper • Distribution • Passing (all types) • Dealing with crosses
Tactical	• Game knowledge/ IQ • Defensive organisation • Space control/ distances
Physical	• Strength • Mobility • Explosive power • Agility
Psychological	• Composure/ calmness • Leadership • Resilience • Concentration

Position: Fullback**Role:** Balanced

Technical	• 1v1 Defending • 1v1 Attacking • Passing (all types) • Tackling • Ball carrier • Crossing • Interceptions
Tactical	• Game knowledge/ game IQ • Space control/ distances • Defensive organisation
Physical	• Endurance • Agility • Speed • Acceleration
Psychological	• Concentration • Anticipation • Leadership • Confidence • Discipline • Resilience

Position: Centre Back**Role:** Aerially Dominant

Technical	• Passing (ground,lofted, through) • Tackling • Dominant in the air • Heading • Interceptions
Tactical	• Game knowledge/ game IQ • Space control/ distances • Defensive organisation
Physical	• Strength • Acceleration • Speed • Vertical power • Endurance
Psychological	• Concentration • Resilience • Anticipation • Confidence • Leadership • Discipline

Position: Defensive Midfielder (6)**Role:** Ball Winning

Technical	• Passing (ground, lofted, through) • 1v1 Defending • Tackling • Receiving under pressure • First touch
Tactical	• Game knowledge/ game IQ • Space control/ distances • Defensive organisation • Controlling game tempo
Physical	• Strength • Acceleration • Speed • Agility • Endurance • Mobility • Vertical Power
Psychological	• Concentration • Leadership • Confidence • Discipline • Resilience • Anticipation • Composure

Position: Central Midfielder (8)**Role:** Box-To-Box

Technical	• Passing (ground, lofted, through) • Ball carrier • Finishing • Long shots • Set piece specialist • Interceptions • Shot power • Tackling • Movement • First touch
Tactical	• Game knowledge/ game IQ • Space control/ distances • Tempo control • Third man runs
Physical	• Strength • Acceleration • Speed • Agility • Vertical Power • Endurance
Psychological	• Creativity • Concentration • Leadership • Confidence • Discipline • Resilience • Anticipation • Composure

Position: Central Midfielder (10)

Role: Playmaker

Technical	• Passing (ground, lofted, through) • Ball carrier • Finishing • First touch • Long shots • Set piece specialist • Tackling • Movement • Receiving under pressure • Shot power
Tactical	• Game knowledge/ game IQ • Space control/ distances • Third man runs • Tempo Control
Physical	• Strength • Acceleration • Speed • Agility • Endurance
Psychological	• Creativity • Concentration • Leadership • Confidence • Discipline • Resilience • Anticipation • Composure

Position: Striker

Role: Target

Technical	• Finishing • Holdup play • Heading • Shot Power • First touch • Receiving under pressure • Penalty specialist • Movement
Tactical	• Game knowledge/ game IQ • Combination play
Physical	• Strength • Acceleration • Speed • Agility/ Balance • Endurance • Vertical Power
Psychological	• Creativity • Concentration • Confidence • Discipline • Resilience • Composure

Position: Wingers (RW/ LW)

Role: Traditional (wide, focused on beating full backs and creating crosses)

Technical	• Crossing • Ball carrier (close drilling and high-speed dribbling) • Finishing • First touch • 1v1 Attacking • Movement
Tactical	• Game knowledge/ game IQ • Combination play • Third man runs
Physical	• Strength • Acceleration • Speed • Agility/ Balance • Endurance
Psychological	• Creativity • Composure • Concentration • Confidence • Discipline • Resilience